

Preschool Family Information Sheet

COVID-19 and Safety Guidelines at
Holden Christian Academy



A safe return to in-person learning, for both Preschool students and staff, is a top priority of Holden Christian Academy. This sheet talks about safety measures we have put in place as of July 24, 2020 and will be updated as state guidelines change in response to Covid-19 data

Why do we have these safety measures?

- COVID-19 spreads through tiny droplets of saliva or fluids from the mouth or nose. These droplets are released into the air when an infected person coughs or sneezes. If these droplets come in contact with the eyes, nose, or mouth of another person, an infection can develop.
- The spread usually happens when people are in close contact with each other.

What is HCA doing to protect my child during school hours?

- **Maintaining social distancing**
 - Outdoor spaces will be used to the fullest extent possible throughout the year.
 - The number of Preschoolers in small spaces and centers will be limited (sandbox, tables, etc).
 - Students rest-time cots will be spaced at least 3' apart during rest time.
- **Requiring face masks for staff and encouraging face masks for students**
 - All staff will wear masks when social distance cannot be maintained (per state guidelines).
 - Students in Preschool are not required to wear masks in the classroom; however children may wear them at the discretion of their parents and are encouraged to do so.
 - Students without masks will be distanced 3' from others while in the classroom as feasible, however students with masks will be able to play in closer proximity to others.
 - Preschool students will be required to wear a mask during arrival/dismissal, and any time they are walking through the school building, since these situations are similar to guidance issued for Preschoolers in public spaces.
- **Requiring wellness screenings**
 - We ask that all families self-monitor symptoms, and do not send your child to school if they are sick with [COVID-19 symptoms](#).
 - When Preschoolers are dropped off each morning, a staff member will do a verbal survey related to exposure/symptoms, and keep a daily written record for each student.
 - If a student becomes ill with any COVID-19 symptoms while at school, they will be sent home. This policy supersedes our Well Child Policy in our Student Handbook.
- **Following our sick employee policy**
 - Our staff must stay home from work when they are feeling sick.
 - Staff are required to self-monitor for symptoms and report any illness.
- **Increasing cleaning**
 - We will follow the CDC guidelines for frequent cleaning and disinfecting of common spaces and high touch surfaces.
 - Toys will be washed or disinfected after use. Soft toys and dress up will be removed from the Preschool, but students are able to bring a personal toy ("a lovey") for use during rest time, which will not be shared with others.
 - Rooms will be disinfected daily after school hours.
 - Hand sanitizer will be made available throughout the building.
 - Students/staff will wash hands frequently, especially upon arrival to school and before meals.
- **Ensuring food safety**
 - All food prep in our Preschool classrooms are temporarily suspended.
 - Students will not be allowed to share food.
 - Preschool students will be spaced 3-6' apart while eating.
- **Limiting the number of visitors**
 - Our visitor policy will have temporary limitations regarding all non-staff adults in the building to help minimize exposures to students and staff.
 - Preschool staff will be with the Preschool students throughout the day, and will not interact with other students in other classes as much as feasible.
 - Only Preschool staff will be temporarily allowed in the PK classroom.
 - Parents will drop-off and pick-up Preschool students outside of the PK classrooms and foyer, thus preserving the classroom and foyer space for the use of students/staff.